

## International Medical Students Activities: WAMY Efforts

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#### **IMAKSA-WAMY**

The Islamic medical Association of kingdom of Saudi Arabia (IMAKSA) is supervising international student activities for FIMA (Federation of Islamic Medical Associations) though its student chapter (FIMASAC). IMAKSA is one of World Assembly of Muslim Youth (WAMY) volunteers' chapters located in Riyadh, Saudi Arabia. The mission of WAMY:"An international Islamic organization that sponsors youth for their advancement through quality programs run by workers and volunteers specialized in youth affairs".

The main objectives of WAMY are:

- Promoting and developing the role of youth in society
- Developing and strengthening the capabilities of young people and directing their efforts to serve their communities.
- Nurturing talented and gifted youth.
- Contributing to the establishment of development al and social facilities for youth.
- Developing partnership with international bodies and youth associations.
- Supporting communities in need and responding to emergencies and disasters.

FIMASAC was formed due to the need to engage students or the young generation from early in their career into the FIMA main objectives which include:

- To foster the unity and welfare of Muslim medical and health care professionals all over the world.
- To promote Islamic medical activities including health services, education, and research, through cooperation and coordination among member organizations.

- To promote the understanding and application of Islamic principles in the field of medicine.
- To mobilize professional and economic resources to provide medical care and relief to affected areas and communities.
- To promote the exchange of medical information and technical data and expertise among member organizations.

#### **FIMASAC**

FIMASAC started earlier, and has been active since 1998 and over the years the chapter has developed programs and activities which can be summarized as follows:

# 1- International Medical Student Camps Link:

Last July 2023 was the 22<sup>nd</sup>. Medical Students Camp in Kuala Lumpur Malaysia. The Camp spread yearly over many countries around the world (see table for Theme and location of the last 5 Camps). The main objectives of the student camps can be summarized in the following diagram, which include:

- Fostering connection among Muslim students of various Islamic Medical Association and countries.
- Enhancing mutual understanding and cooperation.
- Exchanging information and experiences strengthening the involvement of students in the activities of the various Islamic medical Association.
- Providing a leadership training and organizational skills.
- Promoting communication and networking among student chapters of various IMA and other countries.

No.	Year	Date	Theme	Country
17 <sup>th</sup>	2017	16 <sup>th</sup> /Jul - 23 <sup>rd</sup> /Jul	Leadership for Medical Students	Istanbul, Turkey
18 <sup>th</sup>	2020	3 <sup>rd</sup> /Jan - 8 <sup>th</sup> /Jan	Muslim Health Professionals in Globalization Era	Kampala, Uganda
19 <sup>th</sup>	2021	29 <sup>th</sup> /Jul - 1 <sup>st</sup> /Aug	Health Professionals in Interacting World	Online (Facebook & Zoom)
20 <sup>th</sup>	2022	30 <sup>th</sup> /Nov- 4 <sup>th</sup> /Dec	Effective Habits of Successful and Influential Medical Professionals	Yogyakarta, Indonesia
21 <sup>st</sup>	2023	29 <sup>th</sup> /Jul - 3 <sup>rd</sup> /Aug	Muslim Health Professionals: Contemporary Challenges and Solutions	Kuala Lumpur, Malaysia



Poster for last Summer Camp in Malaysia



## Camp objectives

The students will be nominated to attend the camp by the student chapter in each Islamic Medical Association. The nomination is based on the participation of the students in their local IMA. No direct registration will be entertained.

IMKASA will cover all expenses during camp which include accommodation, meals, and sponsor all academic activities. The local host Islamic Medical Association has an important role and contribution in the camp logistics, local transportation, and social and sport activities. Every camp has a scientific program in the morning and the rest of the day will allow students to practice social and sporting activities. As part of the need for the youth there will be sightseeing and touristic programs. Local community services are one of the important goals of the camp, measuring biometric health parameters in the nearby villages and Conducting CPR and first aid rescue for public in Mosques.

During the COVID era in 2021, the student camp was done virtually over 3 days using a virtual platform and engagement in social media programs.

#### 2- Umrah Program:

"Allah invited me to perform Umrah with a group of female medical students from all around the world.



Alhamdulillah, it was the most blessed experience I have ever had."

This is Sister Manal Faridi, Medical Student, Islamic Medical Association of Australia.



The main purpose of the Umrah Program is to clean the soul of past sins. It is also seen as protection from poverty and the burdens of life as a pilgrim is spending their wealth and time in the way of Allah the Umrah program happens annually and targets Muslim medical students representing various Islamic Associations (IMAs) from all over the world and it lasts 5 days. Last February was the 13th.Umrah Program series. We expect delegates representing more than 15 Islamic Medical Associations (IMAs) coming from different parts of the world. Umrah's target audiences are all undergraduate students, postgraduate students, and freshly graduated students from different health fields. "Health" term in this context includes all health-related sciences such as medicine, pharmacy, and nursing. There are NO registration fees for the Umrah. Accommodation and meals as well as local arrangements and transportation will be provided free of charge by IMAKSA/WAMY during the sole days of Umrah activities. Delegates are responsible for expenses of their stay during days outside the program period if needed.









Mountain of Uhud



Sirah Museum in Madinah



King Fahad Complex for Quran Printing

#### **3- FIMASAC Inspire Webinars:**

Monthly serial webinars to connect all students from all over the world into inspiring topics delivered by an expert in that in the field to transfer the experience from two young generations.

The topics discussed in Inspire series in the last two years

Date	Islamic Medical Association	Topic	Speaker
25 <sup>th</sup> /Feb/23	Muslim Health Workers Association of Ghana	Strategic Vision and Plan in the Life of a Muslim Health Student at Tertiary Level	Dr. Abdul NasiruDeen
25 <sup>th</sup> /Mar/23	Jordan	Islamic Medical Jurisprudence Principles	Dr. AmaarDauod
29 <sup>th</sup> /April/23	Palestine	Islamic Health Care Systems: Lessons from History and Future Directions	Dr. Muhammed Ghneim
27 <sup>th</sup> / May/23	Pakistan	Gender Integration for a Muslim Medical Professional	Prof. Ayesha S. Abdullah
30 <sup>th</sup> /Sept/23	IMAU (Uganda)	Islamic Teaching on Disease Prevention and Health Promotions	Dr. Naziru Rashid
28 <sup>th</sup> /Oct/23	IMAKSA (Saudi Arabia)	Worldwide Absence of Islamic Values & Ethics in Health Practice: Facts & Impacts	Prof. Omar Hasan Kasule
25 <sup>th</sup> /Nov/23	SIMA (Somaliland)	Doctor-Patient Communication with Emphasis on Psychological Aspects	Dr. Adam Ahmed Dahir
30 <sup>th</sup> /Dec/23	IMAC (Cambodia)	Healthy Living in Muslim Healthy Communities	Dr. Muslim Abbas
30 <sup>th</sup> /Mar/ 24	AIMA (Australia)	Ramadan and Brain Health	Dr. Omer Shareef
27 <sup>th</sup> /April/24	IMANA ( North America)	Our Journey in Volunteering Plastic Surgery: Stories and Lessons	Dr. Parvaiz Malik



## Social Media Competition

All student chapters from all Islamic Medical Association participate at the same time in one competition utilizing social media in performing campaign in one health topic such as Fighting Tobacco. Students will have a certain date to launch the campaign. The material used will include posters, motion graphics, short videos and short messages spread by different platforms (X or Twitter, Instagram, Facebook etc.)

The criteria the judges use is as following:

Innovation

Authenticity of Ideas including referencing

Clarity of message.

There is a prize for the winning team and a certificate of achievement.

The winning team consist of 5 students receiving a prize and certificates during the 2022 PIMA convention.

#### References:

- 1. FIMA Official Website https://fimaweb.net
- 2. FIMASAC website: <a href="https://sites.google.com/view/fimasac/home">https://sites.google.com/view/fimasac/home</a>



